

Junior Membership - Note to Parents



Guidelines from the Amateur Rowing Association & the Sports Council UK require us to capture additional information to the membership form.

Please return the completed last page with your Membership Form & payment to:
Membership Secretary SBC, enveloped & placed in the letter tray inside the clubhouse.

Parents are required to:

Ensure Juniors have read & signed the forms mentioned below
Read the “Parental Code of Conduct”
Read the “Circuit & Weight Training Sessions”
Read “Photography Consent Form”
Read & Sign the Emergency Contact Details

Juniors are required to:

Read the “Junior Code of Conduct”
Read the “Circuit & Weight Training Sessions”
Read & Sign the Emergency Contact Details

Staines Boat Club

Code of Conduct for Juniors



Staines Boat Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches and parents associated with the club should, at all times show respect, encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with any Committee Member.

As a member of Staines Boat Club you are expected to abide by the following junior club rules:

- All members must play within the rules and respect officials and their decisions.
- All members must respect opponents.
- Members should keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late.
- Members must wear suitable kit for all training and race sessions, as agreed with the coach/team manager.
- Members must pay any fees for training or events promptly.
- Junior members are not allowed to smoke on club premises or whilst representing the club at competitions.
- Junior members are not allowed to consume alcohol or illegal drugs of any kind on the club premises or whilst representing the club.
- Be respectful at all times of Club equipment and report any damages to coach or committee member.
- Not to leave training sessions without checking-out with the session coach.
- Junior members must know and abide by the Water Safety Policy (available on the website <http://www.stainesboatclub.co.uk/safety/safety.aspx> or club notice board)
- Junior members must be aware of the SBC Anti-Bullying and Child Protection Policies (available on Club Welfare notice board).
- Inappropriate language will not be tolerated under any circumstance
- Members must not go out on the water without being authorised to do so.
- Members must not use weights without appropriate supervision

Further Information

- SBC Clubhouse Phone Number: 01784 453595
- Committee Members: <http://www.stainesboatclub.co.uk/about/aboutus.aspx>
- Fire /Accident / Evacuation Plan: - see Club Notice Board
- Location of Accident Book / Accident Report Forms: in Club office & forms on Club Notice Board
- Lock Numbers / Weir : Navigation Info 0845 9881188, followed by 1, followed by code 011131.

Staines Boat Club

Code of Conduct for Parents / Carers



- Ensure your child wears appropriate clothing for all training / race sessions and has spare clothes / drink / towel available at all times.
- Encourage your child to learn the rules and play within them.
- Discourage unfair play and arguing with officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept officials' judgements.
- Support your child's involvement and help them to enjoy their sport.
- Use correct and proper language at all times.
- Assist in crew selection by notifying coaches in advance of unavailability of Juniors in forthcoming training sessions / events & to accept selection decisions made by the coaches.
- Think how you can best help the coach and / or the club.

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Please do look at the notice boards within the clubhouse or the web site <http://www.stainesboatclub.co.uk>

Staines Boat Club

Junior Squad Photography



Consent is required for photographs of your child / children to appear for the purposes of Staines Boat Club activities eg: clubhouse photographs, publication articles, web site, training etc) on the understanding that photographs will be taken in accordance with the ARA Guidance notes given below.

Young people and publicity - Photography guidance notes

The use of photography with regard to minors is a very difficult subject in a sport where competition is almost exclusively carried out in large open public spaces where it is not possible to control admission.

However as a coach, club or event organiser there are certain issues about which you must be aware and you may like to ensure in certain circumstances that you do obtain permission to photograph juniors for publicity material. For example if you are planning to use specially commissioned photography for a specific publicity purpose such as a brochure or website, particularly if it is posed for or taken in training, you are advised to ask permission from the juniors' parents or guardians.

Content

Make sure that you take your audience and purpose into proper consideration when publishing any photographic/film material:

- Identification - You must ensure that the visual contents or captions cannot be used as means of identifying children. This includes names, addresses or any other unnecessary information, which could be used to trace the child. Ensure that this information is withheld in all reproductions.
- Dress - Children should be photographed or filmed in suitable dress. Some sporting activities have a higher risk for potential misuse of imagery than others, such as swimming, gymnastics and athletics, but the clothing worn in rowing could be seen to have a number of similarities with these sports. Make sure that the footage or photographs focus on the activity, rather than a full body shot.
- Safety gear - It is important that children are not featured wearing jewellery, body piercing or clothing that could cause safety issues. Also ensure that the photographer photographs the subject(s) in the appropriate safety equipment. For example where appropriate, lifejackets should be worn.

If you suspect someone of taking photographs for an inappropriate use you should report him or her to the Club Welfare Officer, Police or Social Services.

Staines Boat Club

Circuit & Weight Training Sessions



Informed Consent Form

Thank you for choosing to attend the Staines Boat Club Circuit Session.

I request your understanding and cooperation in maintaining your health and safety by reading and signing (on the last page) the following informed consent agreement.

I declare that I assume full responsibility, during and after my participation, for my choices to use or apply, at my own risk, any portion of the information or instruction I receive.

I understand that part of the risk involved in undertaking any activity or program is related to my own state of fitness or health (physical, mental or emotional) and to the awareness, care and skill with which I conduct myself in that activity or program. I acknowledge that my choice to participate in the circuit session brings with it my assumption of those risks or results stemming from this choice and the fitness, performance, health, awareness, care and skill that I possess and use.

I recognise that by participating in the circuit session I may experience potential health risks which include but are not limited to: transient light-headedness, fainting, abnormal blood pressure, chest discomfort, nausea, muscle soreness, muscle strains, and very rare instances of heart attack, stroke, or even death and that I assume wilfully those risks. I acknowledge my obligation to immediately inform the Instructor of any pain, discomfort, fatigue, or any other symptoms that I may suffer during and immediately after my participation.

I declare I am suitably of good health and that my participation in this class is entirely at my own risk.

Emergency Contact Details for Juniors



Name of Junior Member:..... **Date of Birth:**.....

Does your child have any existing medical condition / allergy which is relevant to this activity ?

Yes / No If "Yes", please give details

.....

(It is the Parent / Carer's responsibility to advise relevant coach of this information)

If your child has Asthma and uses an inhaler, then this must be with the junior at all times.

I agree / do not agree (delete as appropriate) to emergency medical treatment being given in the relevant situation. I understand in the event of injury or illness all reasonable steps will be taken to contact me and to deal with that injury / illness appropriately. If consent is not given for emergency treatment, please discuss with relevant coach.

Any details given on this form will be available to junior coaches / co-ordinators at off site events, and all other times available for emergencies in the SBC Clubhouse.

Emergency Contact 1	Emergency Contact 2
Relationship to Junior	Relationship to Junior
Mobile Number	Mobile Number
Home Number	Home Number

Parent Declaration:

- I have read & agree to "Code of Conduct for Parents / Carers"
- I declare that I have read, understood, and agree to the contents of the informed consent agreement for "Circuit & Weight Training Sessions" in its entirety (Parental consent required for Juniors under 18).
- **I give consent / do not give consent** (delete as appropriate) for Photography of my child in accordance with "Junior Squad Photography"

Name: Date

Signature

Junior Declaration:

- I have read & agree to "Code of Conduct for Junior Members"
- I declare that I have read, understood, and agree to the contents of this informed consent agreement for "Circuit & Weight Training Sessions" in its entirety.

Name: Date

Signature